



Now in the UK

« Reborn in Biodanza »

~ Glastonbury ~
6 – 8 November 2026



A residential workshop specifically created for experienced Biodancers by exploring your original identity. You'll be invited to safely let go of old imprints, and by feeling supported, to feel reborn into a new way of Being.

DANCE: Brides Hill Roundhouse, Beckery Old Road, Glastonbury
STAY: The Healing Waters Sanctuary B&B, Roman Way, BA6 8AD

facilitated by

Inge Struyf

Director, Vlaamse Biodanzaschool
trauma & neurodivergent-informed dance therapist

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Gwen Marie, MA

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Birth is the starting point that shapes the course of our life. The foetal period and birth process hold, in potential, everything that we are — and everything we can become. Our sovereign birthright should include an unshakable trust in the belief that we deserve to live a Fulfilled Life.

This trust is rarely acquired outright. Birth by caesarean, forceps, epidural, prematurity, a breech birth or with the cord around the baby's neck can leave lasting imprints, subconsciously shaping our beliefs, and how we relate to our body, to our psyche & to those closest to us.

“To be reborn means to leave behind old states of frustration, deprivation, and loneliness, and to be born into a new way of life. It is a ceremony of reparenting.” — Rolando Toro, 2008

Silvia Eick's carefully designed template offers disheartened, life-weary individuals a chance to feel reborn into life — through simple rituals supporting the expression and healing of long-withheld physical and emotional qualities, all the way from those early days.

As in the Minotaur, each participant will be set one or more tasks by their facilitator. Tasks are very carefully attributed to match your individual neonatal story *from a confidential questionnaire*. The whole weekend aims to celebrate your new felt-sense insights & to rejoice together as the Vivencial pearls gradually unfold.

FEES

£100 non-refundable deposit
is due by 14th October.
Your final **£265** is due by
24th October. Thank you.

ACCOMMODATION

HEALING WATERS SANCTUARY B&B
1 Roman Way, Glastonbury BA6 8AD
10 minutes from the hall.
Parking at both venues.

A confidential questionnaire re: your neonatal history will be emailed once your deposit has been received. We look forward to receiving your answers at the latest by October 24th

Thank you for your interest - please contact Gwen / Inge with any questions

